

# Growing the SRTS Movement Through Curriculum Integration



University of Idaho

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**Motivation** -SRTS provides an excellent platform for students to work collaboratively across disciplines, engage in community outreach, design and teach health and PE curriculum, and apply health education and promotion theory.

## Unique Partnership

City of Moscow, Idaho –SRTS Infrastructure  
University of Idaho– Education & Encouragement

**SRTS Curriculum Integration**—400 physical education, recreation & health pre-professionals are SRTS ready by adding SRTS curriculum to:

- Pre-service Elementary Health & Physical Education
- Physical Education Methods & Pedagogy
- School Health Methods & Administration
- Physical Activity Leadership & Pedagogy
- Health Education, Promotion and Planning
- Practicum Field Study

## Integrating the SRTS “E’s”

### Encouragement

UI students help plan & participate in Walk and Roll to School events for five schools. UI students greet walkers and riders, prepare signs with students and tabulate event results.



### Walk and Roll Events

International Walk to School– October  
Polar Walk & Roll– January  
Spring Stride –April  
Fill Up the Rack– May Bike Month

## Education

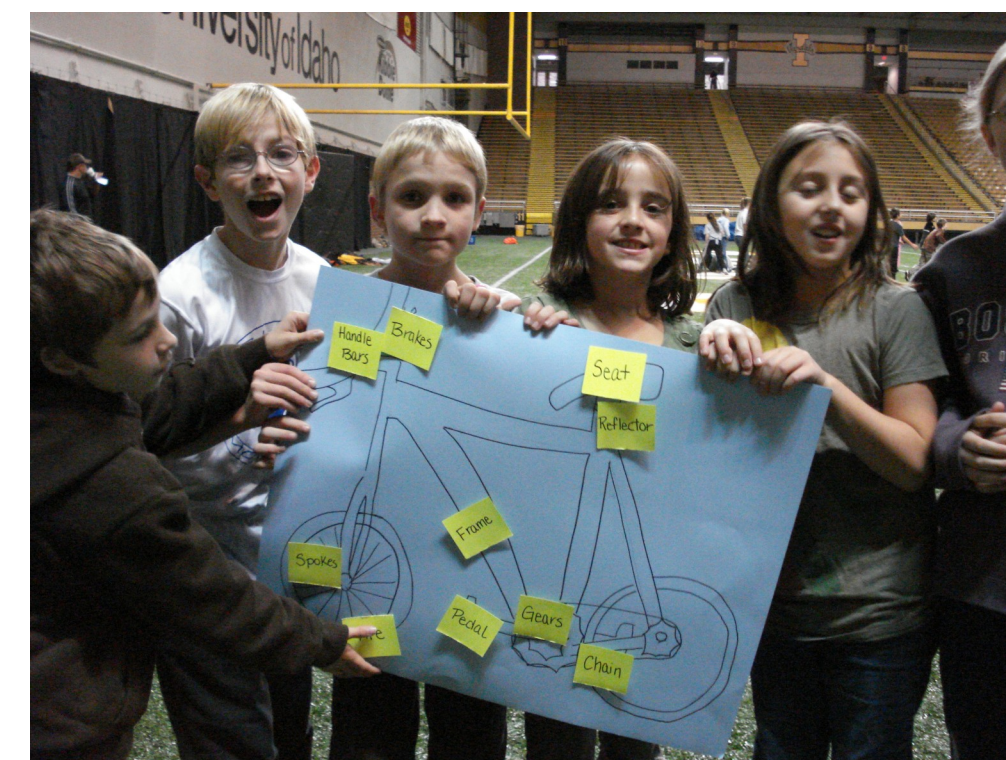
UI students developed and taught bike safety curriculum for 150 4th graders and provided bike safety education to parents. UI faculty assessed written work & direct instruction.



**Above**– Indoor bike rodeo on scooters. Students practice safety signals, traffic signs, and road skills.



**Left**–Bike helmet education and correct helmet fitting



SRTS skill building at UI “Big Games” Day for 400 local 5th graders.



## Pre-Service Elementary Health Fair

30 students a semester plan a health fair for K- 6th graders. Activity-based bike and walking safety skills are taught to 80 students.

## Kids’ Safety Fair

UI students reach over 250 youth and caregivers with SRTS safety messages at this annual event.



## Engineering & Evaluation

UI Students Involved in:

- Travel Plans
- Sidewalk priorities
- Street level mapping
- SRTS Team meetings
- Data collection
- Collaboration with city engineers
- Celebration of projects



**Sidewalk Celebration!**  
UI Recreation graduate student planned event for 150 students.

## Benefits of SRTS Curriculum Integration

- Raise SRTS awareness
- Ready and willing work-force promoting SRTS
- Students practice real world skills
- Increases active healthy living on UI campus
- Supports UI sustainability vision and goals
- Local schools gain new tools & resources
- Improves “Town and Gown” relations



## Future SRTS Integration Goals at UI

- Education Administration**– Incorporate SRTS in school administration curriculum and assessment
- Engineering**– Street safety research and design
- Bio Regional Planning**– Integrate SRTS in community development planning projects
- Art & Architecture**– Design SRTS public art
- UI Sustainability**–Increase SRTS awareness
- Psychology**– Research travel behaviors